

RAIDER NEWS

W.D. RICHARDS ELEMENTARY



September 2015

The Principal's Corner

Dear Richards Families:

Thank you to the parents, students, faculty and staff of Richards for a great start to the school year. Richards is a wonderful school thanks to the efforts of all of you. It was a pleasure to see so many of you at Open House. We have certainly had a great start to the school year and I look forward to working with you throughout the remainder of the year. We have many new faces at Richards this year! I would like to welcome all of our new students and parents to the Raider family. We also have many staff members new to Richards this year. We are glad to have many new members to the Richards team!

You may have noticed banners throughout the building highlighting The Raider Way. Our expectations are to be Respectful, Responsible, and Safe. You may help by reviewing procedures located in the student handbook. Teachers and staff have been working hard to establish procedures and recognize positive behaviors of students during the first few weeks of school. Our students work every day to live out our vision statement: Big Dreams + Hard Work = Success. We will continue to work throughout the year to recognize students and provide an environment that is conducive to learning. You may help by reviewing procedures located in the student handbook.

Welcome back! Please feel free to call me at 376-4311 or stop by the office any time if you have questions or concerns. Also, please contact your child's teacher if you have questions about your child's progress. I am sure we will have a terrific year at Richards. Go Raiders!

Mr. Sprong

SCHOOL LUNCHES ...PACK OR PURCHASE???

As schools across the country are raising lunch prices, many parents are trying to answer the question...PACK OR BUY? Look to the facts when trying to make the best choice for your child's lunch.

FACT #1 SCHOOL LUNCHES ARE HEALTHY!

Today, students are offered healthy, tasty, appealing choices:

- Fresh Fruits & vegetables-many locally grown right here in Columbus!
- Whole grain breads/pastas
- Grab N Go Salads
- Many made from scratch items
- Low fat Dairy & lean meats
- Baked items...NO FRYERS used in BCSC Schools!

BCSC School lunches provide age appropriate portions and must follow federal nutrition guidelines of no more than 30% calories from fat and less than 10% saturated fat. A recent state review of BCSC school lunch menus found we averaged 28% calories from fat and 8% saturated fat...well UNDER the federal recommendations. For Vitamin requirements we came in well ABOVE the guidelines for Vitamin A, Vitamin C, Iron, & Calcium.

FACT #2 SCHOOL LUNCHES ARE HEALTHIER THAN PACKED MEALS

Research by Dr. Alice Jo Rainville of Eastern Michigan University compared packed meals from home to school lunches. Researchers found school lunches contained 3 times as much dairy; 2 times as many fruits; 7 times as many vegetables and less fat, sodium, more variety and more overall nutrition than meals packed from home. Packed lunches did win out over school lunch in one category...they contained 3 times as many dessert/snack items than school lunches!

FACT #3 SCHOOL LUNCHES ARE A GOOD VALUE!

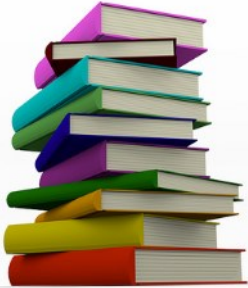
Molly Marshall, RD from Columbus Regional Hospital evaluated the cost/nutritional value of Lunchables compared to 3 BCSC School Lunches. The findings showed that BCSC School meals provided Balanced, healthy meals containing less fat, saturated fat, less sodium and more calcium, Vitamin A, Protein, Fiber and Vitamin C for \$2.45 (school lunch price) VS \$3.19(average cost of a Lunchable). From a national study the average cost to bring a packed lunch from home is \$3.50...again making school lunch a bargain for families in these tough economic times.



School Lunches are healthy and a good value!



Book Buddies Program



**You can
help
children
become
better
readers!**



NEARLY ONE-THIRD OF SECOND GRADERS ARE READING BELOW GRADE LEVEL IN BARTHOLOMEW COUNTY. YOU CAN CHANGE THAT BY BEING A PART OF BOOK BUDDIES! VOLUNTEERS ARE NEEDED TO HELP STRUGGLING READERS IN SECOND AND THIRD GRADES. YOU ONLY NEED TO DONATE AN HOUR A WEEK TO READ ONE-ON-ONE WITH CHILDREN. TRAINING WILL BE HOSTED ON TUESDAYS AND THURSDAYS AT NOON DURING THE MONTH OF AUGUST – YOU ONLY HAVE TO ATTEND ONCE, WITH THE PROGRAM STARTING MONDAY, AUGUST 24TH. VOLUNTEERS CHOOSE THE TIME AND WHICH OF THE TWELVE PUBLIC ELEMENTARY SCHOOLS THEY WILL VISIT DURING THE YEAR! CALL 812.376.4461 FOR MORE INFORMATION.

Book Buddies Program

Parents, Grandparents,
& Neighbors
You can help!



What is Book Buddies Program?

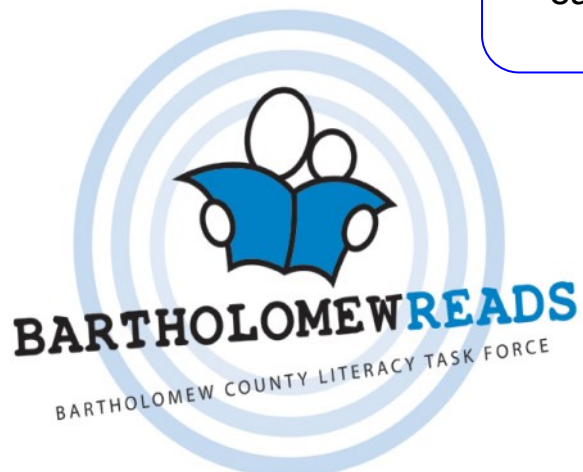
- 2nd & 3rd graders reading below grade level receive 30 minutes of one-on-one training M-Th

What is Required of Me?

- Attendance at a training session
- A background check

What Do Book Buddies Tutors Do?

- Tutor two children once a week, 30 minutes each



For more information contact:

Book Buddies Director

Debbie Lindauer, 376.4461

bookbuddies@bcsc.k12.in.us

Art Room News

Hello Richards Elementary Families!

I am the new art teacher this year, Andi Bartels, and I am so excited to be here with your children everyday! I have been in education for 11 years and an art teacher for 9 of those years! I love creating fun and engaging projects for my students to work on each week and have been having the best time with your kiddos! We have already made some pretty fabulous art and more is definitely to come! I am attaching a photo below of our very first project together—everyone in the entire school made a cutout of their own hand and added lots of patterns and color to it. I then used these hands to make petals for a huge, colorful flower in the art room and it turned out great! Stop by and check it out for yourself if you are in the building! Around the flower are pieces of art created by students in our Japanese sister city, Miyoshi . We had visitors from Japan who brought some art that their students wanted to share with us!

I am looking forward to a great year! If you have any questions for me, my email address is: rogersbartelsa@bcsc.k12.in.us



Richards Choir News

We currently have 70 wonderful singers on this year's roster . Looking forward to a great year with these Raiders!



Anna Henrichsen
Sam Taylor
Chasney Ward
Cameron Barr
Calla Bauman
Samantha Walker
Alaina Harris
Madison Valentine
Alaney Parker
Gavin Foley
Molly Bray
Lily Wood
Messiah Trapp
Kendell Combest
Lance White
Kathryn Gilliland
Calissa Weick
Deja Hunter
Micah Moyer
Katelyn Stetter
Kaitlyn Buickel
Mia Hess
Brennan Kushman
Blake Borkhardt
Lily Carlstrom
Jami Porter
Elaina Major
Brooke Hoeltke
Delaney Williams
Thalia Trejo
Albert Landero
Gabby Grimes
Makayla Knulf
Baila Beesley
Emma Burns
Jasmin Reyes-Hernandez
Aislinn Tian
Karmen Corley

Morgan Humphrey
Carter Howell
Whitley Fields
Lori Monday
Grace Barks
Samantha Thompson
Logan Frasier
Kenlee Ozbun
Brennan Cook
Jaida Wise
Claire Bugert
Xandra Ellegood
Brooklyn Sulinski
Hannah Doles
Cami Warren
Brienne Brummett
Catherine Miller
Jacalynn Ison
Emalee Acton
Ashley Landero
Lanae Corley
Olivia Buickel
Karina Bayer
Timothy Moyer
Morgan Allen
Sam Ferrenburg
Brandon Wells
Kasadee Pedigo
Kade Kikendall
Kenzie Acton
Angelica Young
Cheyton Wise



Bright Beginnings Early Learning Center, housed at the McDowell Education Center, has openings for this school year in our three year old classroom.

We are an affordable, quality, licensed childcare center that can help provide BCSC teachers and staff peace of mind upon returning to work.

Our center strengthens and supports the entire family by providing:

- Quality foundation for social, emotional, and cognitive child development
- Instruction based on Early Childhood Foundations (State Standards)
- Project-Based Learning led by your child's interest and proficiencies

Our hours of operation are 7:00am-4:00pm, Monday through Friday. We follow the BCSC calendar and are open on teacher work days.

Tuition is \$140.00 a week, plus any charges from the cafeteria when your child eats breakfast and lunch with us. (We do accept child care vouchers)

If you would like to schedule a tour of our facility and are interested in enrolling your child please email or call me today. Spots are very limited!

Amy Gilliland
gillilanda@bcsc.k12.in.us
812-418-4102



**“Affordable,
quality,
licensed
childcare
center.”**



MINDSET...Fixed or Growth?

Mindset is a simple idea discovered by world-renowned Stanford University psychologist Carol Dweck in decades of research on achievement and success. Dr. Dweck identified two mindsets people can have: a fixed mindset and a growth mindset.

In a fixed mindset, people believe their basic qualities, like intelligence or talent, are fixed traits. They spend their time documenting their intelligence or talent instead of developing them, and believe that talent alone creates success, without effort, which is wrong.

In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work. This view creates a love of learning and a resilience that is essential for great accomplishment. Virtually all people who achieved top performance had these qualities. Research shows that people with this view reach higher levels of success than people with fixed mindset beliefs.

Teaching a growth mindset creates motivation and productivity in the worlds of business, education, and sports. It enhances relationships, and increases achievement.

How can you support a growth mindset in your children?

No parent thinks "I wonder what I can do today to undermine my children, subvert their effort, turn them off learning, and limit their achievement." Of course not. We think "I would do anything, give anything, to make my children successful." Yet many of the things we do boomerang. Our best intentioned judgments, our lessons, our motivating techniques often send the wrong message, unintentionally.

In fact, every word and action sends a message. It tells children - or students or athletes - how to think about themselves. It can be a fixed mindset message that says: "You have permanent traits and I'm judging them," or it can be a growth mindset message that says: "You are a developing person and I am interested in your development."

The most important thing you can do to help your child instill a growth mindset is to praise them for effort rather than for talent. Messages like "You learned that so quickly! You're so smart!" teach the child that they either are or aren't smart, and that effort is a sign of weakness. When they encounter difficulty in the future, they tend to then feel not smart and retreat. Instead, messages such as "I like the way you approached that problem", or "good job to hang in there and find a different strategy that did work", or "sorry, that seemed to be too easy for you, let's do something more challenging", teaches kids that effort is something we can all benefit from to reach our full potential, and that they need to be working purposefully in order to grow.

Adapted from an article for parents on www.mindsetworks.com

BCSF

BARTHOLOMEW CONSOLIDATED SCHOOL FOUNDATION



Open Mon-Sat. 7 am - 9 pm/
Sun. 8 am - 8 pm

CAR
WASH
Fundraiser

During the entire month of

September!

WHO: BCSF

WHAT:
Carwash
Fundraiser @
Crew Carwash!

WHERE: 1525
National Road

WHEN: The entire
month of
SEPTEMBER!

WHY: Half the
proceeds will
benefit the *School
Foundation.*
**Get your car
washed & impact
education!**



\$8
Basic
Car Wash



\$15
The Works
Car Wash

CAR
WASH
Fundraiser



<https://store.crewcarwash.com/BartholomewConsolidatedSchoolFoundation>

Richards Elementary



Who: 5th & 6th Graders



When: Sept. 16th-17th (Cheer Clinic) 4:00-5:30
Sept. 18th (Tryouts) 4-5:30

Where: Richards Gym

*Participants should come dressed in a t-shirt, athletic shorts, and tennis shoes with hair up in a pony-tail and all jewelry removed. Please be in the gym at Richards dressed and ready to go right at 4:00 each day.

*For the actual tryout date, participants should come dressed in a white t-shirt, solid colored athletic shorts, and tennis shoes with hair up in a pony-tail and jewelry removed.

*Teacher evaluation forms are required for each participant. One from the current teacher, and one from the previous year's teacher.

*Participants must have a Sports Physical completed by the first clinic date.

***Physical forms need to be turned into the main office no later than the morning of September 16th.**



SEPTEMBER 2015

W.D. Richards Website:
www.bcsc.k12.in.us/richards

Sun	Mon	Tue	Wed	Thu	Fri	Sat
PBIS Focus: Restroom Procedures	Strings classes: Intermediate/Advanced Mondays at 7:25 a.m. Beginning Wednesdays 7:25 a.m.	1 Choir 7:25	2	3 Vision Screenings (Grades 1,3,5) Student Council Call Out Meeting 2:45 p.m. Room 112	4	5
6 PBIS Focus: Cafeteria Procedures	7 Labor Day (No School)	8 Choir 7:25 Put Your Nose in a Book PTO 7:00 (Library)	9 Dental Screening Grade 5	10 Dental Screening Grade 2	11	12
13 PBIS Focus: Playground Procedures	14 School Pictures Day	15 Choir 7:25 Hearing Screening (Grades 1 and 4)	16 Cheer Practice 4:00-5:30	17 Cheer Practice 4:00-5:30	18 Cheer Tryouts 4:00	19
20 PBIS Focus: Hallway Procedures	21	22 Choir 7:25	23	24 FCA 7:30 Room 113 Student Council 2:45 p.m. Room 112	25 Al the Can Man (Kindergarten)	26
27 PBIS Focus: Restroom Procedures	28	29 Choir 7:25	30	Oct. 5-9 (Fall Break)		